



Mettawee Messenger

October 1, 2020 Principal: Brooke DeBonis 645-9009

Principal's Corner:

VT Travel Map

It is very important that our families check the [ACCD Travel Map](#), regularly. If you are considering leisure travel out of VT, please look at the map linked above before heading out of state. This week many of the NY counties that border Vermont require a 14 day quarantine if you travel there for leisure activity. This includes Washington, Essex, Warren and Saratoga Counties. Please know that as a school district we are required to enforce these rules by the Department of Health. This means that ***if your child travels to any of these areas for leisure activities such as but not limited to apple picking, dance lessons, sports, funerals, etc they will be required to quarantine and will not be allowed to attend school in person.***

Attendance



We need your support in communicating with the school if your child is not able to attend school. Please call or email us to let us know if your child is not

able to be present for their learning. In order to be marked present they must do all three of the following.

1. Complete their attendance form by noon.
2. Attend their classroom community time on Mon, Tues, Thurs and Fri.
3. Work on their assignments in either Google Classroom or SeeSaw

Attendance will look very different at times this year than it has in the past. In order to keep us all safe, your child should stay home if they experience ANY of the symptoms of COVID-19 (runny nose, headache, fever greater than 100.4, sore throat,

diarrhea, vomiting, chills, cough, shortness of breath or loss of taste or smell). Because of this, your child may be home even though they feel well enough to be at school. ***This doesn't mean that they have to be marked absent.*** If they complete their attendance form, attend their class meeting and work on their assignments, they will be marked present. They must complete all three to be marked present. On Wednesdays, students should fill out their attendance form and work on their assignments. If you have a doctor, dentist, or eye appointment, please call the front office and let us know so we can mark you for an excused absence. If we do not see that your child has clicked on the attendance form, and we do not hear from you, your child will be marked for an unexcused absence.

Snack

Our school has received the grant for Fresh Fruit and Vegetables again this year. We are able to wash, cut, and serve a fresh healthy snack to all students and staff members. If your child prefers eating fruit and vegetables from home for snack that is fine too. We just do not want students eating unhealthy choices such as chips, cookies, brownies, and other sugary foods. It is healthier for our students if we limit snacks to fruit and vegetables. Thanks for your help in supporting our goal for improving our student's physical, mental, and overall health and wellness, which includes providing students with education and habits that support a lifetime of healthy eating. The district acknowledges the strong





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relationship between good health and learning, and is committed to providing an environment where students are supported in making healthy choices and practicing health-enhancing behaviors

Moving Forward with Caution and Care

We are excited to be inviting both Blue Cohort students and Green Cohort students to the building for in person learning four days a week starting next week, Monday, October 5th - Monday, Tuesday, Thursday, and Friday. Please be vigilant about health screenings, hand washing, proper mask wearing, social distancing, and staying home when your children are not feeling well. Be very aware of the VT Travel Map as leisure activities to counties deemed unsafe will result in a 14 day quarantine.



School Pictures
- Save the date -
We will be having school pictures taken this year on Monday, October 19th!
~ More details to come ~

From the Library

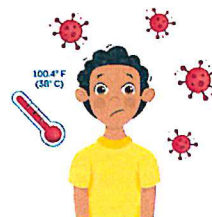
Distance learners should place holds for books **by noon on Friday** every week in order for books to be ready for pickup on Monday. Holds placed over a weekend will wait until the following week.

Please remember we have access to Sora, an app where students can borrow e-books and audiobooks at any time they want! If you add the Vermont Schools shared digital library to your student's Sora account, you can have access to even more books. The folks at Sora are hopefully going to provide an easy way to access the Pawlet Public library collection without the extra step of signing in with a Pawlet library card -- stay tuned for more information on that! Readers don't have to wait for a teacher or assignment to use Sora; consider it your independent library that you use whenever you like!



Don't forget to make your COVID Screening part of your daily routine!

If your child arrives at school without their screening form we will call home for that important health information. Please keep us all safe and remember to do your screening.





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Paperwork Follow-Up

IN PERSON LEARNERS:

Please check your child's backpack on Thursday, October 8th for your Big Blue folder!

We will be sending home additional copies of missing paperwork from your child's files. Please be sure to send the completed paperwork back to school with your child *as soon as possible*.

DISTANCE LEARNERS:

If you are a **Distance Learner** it is still imperative that we have the paperwork. Your child is a fully enrolled member of the Mettawee family. You can pick up your packet of missing paperwork on Monday, October 5th if you are picking up a learning packet. We will be mailing out additional copies of the missing paperwork to families who do not have learning packets to pick up on Monday. Please check your mailboxes. You can mail the completed paperwork to 5788 VT Route 153, West Pawlet, VT 05775 or drop it by the school anytime during school hours. Monday packet pick up/library book day is a great time to turn in paperwork!

We are specifically looking for the following forms and you will find them either in your child's backpack or coming in the mail if you are missing anything. It is imperative that we have these documents on file.

- Health Form
- Emergency Card
- Field Trip form
- Stay Safe Pledge



Attendance

You may have noticed that Mrs. Hammell has begun sending emails to parents of students who have not submitted their attendance for the day through Clever. There are multiple reasons for doing this. We want to communicate with you about your child's participation so you know where they are at and whether they are getting it done! The consequences of not submitting daily attendance are serious and we need you to know what will happen if your child continues to neglect to do their attendance. We also want to catch any glitches that may be happening in the system. Communicating with the school goes a long way! We understand that sometimes your child may forget. They may have participated in their classroom meeting and done all the work and just forgot the attendance piece. If you receive a letter and you follow up with an email telling us that your child did all of their work and went to their meeting but forgot to do their attendance, we can check in with their teacher and confirm their participation and adjust their attendance accordingly. But if neglecting to do their attendance is habitual, further conversations will be necessary.



Packet Pick Up

Our Distance Learners in grades K-3 will be picking up weekly on Mondays. Our teachers in grades 4-6 will communicate with you directly if you need to pick up on a Monday. The DL packet pick up will be on Mondays from 8:15 - 3:15. Please try to avoid picking up during drop off time (7:30-8:10) and pick up time (2:30 - 2:50) because our parking lot will be busy. We will also have the DL pick up and drop off library books on Mondays as well.

October

School Lunch Menu: "Room Service" & Meals for "Pick Up" @ **MEETAWEE**
School Meals Are FREE to all students at this time (through December 31st)

Monday	Tuesday	Wednesday	Thursday	Friday
5 Ham Sub Sandwich Honey Deli Ham & American Cheese on a Wholegrain Sub Roll. Fresh Fruit & Vegetable, Pretzel Twists.	6 Tuna Boats Chunk-lite Tuna and Mayo on a Hotdog Roll. Lettuce & Tomato. Fresh Fruit & Vegetable, Tortilla Chips.	7 Egg Salad Sliders Hard-cooked Eggs & Mayo on cute little Wholegrain Dinner Rolls. Banana Peppers. Fresh Fruit & Vegetable, Sun Chips.	8 Chicken Ranch Wrap Breaded Chicken Tenders & chopped Romaine with Ranch Dressing. Fresh Fruit & Vegetable, Oyster Crackers.	9 Turkey Sandwich Deli Turkey and Cheddar Cheese on a Wholegrain Bread. Fresh Fruit & Vegetable, Kettle Chips.
12 Ham Sub Sandwich Honey Deli Ham & American Cheese on a Wholegrain Sub Roll. Fresh Fruit & Vegetable, Pretzel Twists.	13 Egg Salad Sliders Hard-cooked Eggs & Mayo on cute little Wholegrain Dinner Rolls. Banana Peppers. Fresh Fruit & Vegetable, Sun Chips.	14 Chicken Salad Sliders Diced cooked Chicken, Mayo, & Celery served with Whole-grain Dinner Rolls. Fresh Fruit & Vegetable, Sun Chips.	15 Chicken Ranch Wrap Breaded Chicken Tenders & chopped Romaine with Ranch Dressing. Fresh Fruit & Vegetable, Oyster Crackers.	16 Turkey Sandwich Deli Turkey and Cheddar Cheese on a Wholegrain Bread. Fresh Fruit & Vegetable, Kettle Chips.
19 Ham Sub Sandwich Honey Deli Ham & American Cheese on a Wholegrain Sub Roll. Fresh Fruit & Vegetable, Pretzel Twists.	20 Chicken Salad Sliders Diced cooked Chicken, Mayo, & Celery served with Whole-grain Dinner Rolls. Fresh Fruit & Vegetable, Sun Chips.	21 Tuna Boats Chunk-lite Tuna and Mayo on a Hotdog Roll. Lettuce & Tomato. Fresh Fruit & Vegetable, Tortilla Chips.	22 Chicken Ranch Wrap Breaded Chicken Tenders & chopped Romaine with Ranch Dressing. Fresh Fruit & Vegetable, Oyster Crackers.	23 Turkey Sandwich Deli Turkey and Cheddar Cheese on a Wholegrain Bread. Fresh Fruit & Vegetable, Kettle Chips.
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Each Lunch Meal is served with rotating Fresh Fruit—Local Apples, Orange Wedges or Bananas AND rotating Fresh Vegetables—Carrots, Cucumbers, Celery, Broccoli, Grape Tomatoes or Bell Peppers. Daily "Meal Alternative" is a Bagel, Cream Cheese, Cabot Cheese Bar & Organic Yogurt. School Meals are also available for Pick-Up (please email Kelly Foster, kfoster@brsu.org) Thanks!

October BREAKFAST Menu: "Room Service" & Meals for "Pick Up" @ METTAWEE

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal & String Cheese Cereal (Multi-Grain Cheerios, Frosted Mini Wheats, or Rice Chex) and a String Cheese. Milk, Juice, and Fresh Fruit.	Bagel & Cream Cheese A Warm Wholegrain Bagel with Cream Cheese Milk, Juice, and Fresh Fruit.	Cereal & String Cheese Cereal (Multi-Grain Cheerios, Frosted Mini Wheats, or Rice Chex) and a String Cheese. Milk, Juice, and Fresh Fruit.	Yogurt & Granola Parfait Cabot Vanilla Greek Yogurt topped with homemade Granola and fresh or frozen Berries. Milk & Juice.	Homemade Muffin Blueberry or Apple Cinnamon Muffin. Milk, Juice, and Fresh Fruit.

A School Breakfast Meal will be offered to ALL Students at NO cost (or save as a "snack" if breakfast is eaten at home).

Please Contact Kelly Foster, Food Service Director, with any questions about the School Meals Menu: kfoster@brsu.org Thank you for eating with us!
This Institution is an Equal Opportunity Provider



SVAC PRESENTS STORY WALKS



930 SVAC Drive • Manchester, VT

www.svac.org



SVAC welcomes families to story walks--a program that promotes literacy, family learning, and art--in a safe, outdoor environment.

5 STORY WALKS
OPEN DAILY

